

# FRESH FOODS

#regionalseasonal

# FROM OUR FARMERS

## SEASONAL CALENDAR JANUARY



Endives



Brussels sprouts



Kale



Lamb's lettuce



Leeks



Jerusalem artichokes



Apples



Potatoes



Walnuts



Cabbage



Pumpkins



Carrots



Parsnips



Turnips



Beetroots



Black salsifies



Celeriac



Onions

Did we forget something? Send us a photo of your garden.



THE GOVERNMENT  
OF THE GRAND DUCHY OF LUXEMBOURG  
Ministry of Agriculture, Viticulture  
and Rural Development



# FRESH FOODS

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## SEASONAL CALENDAR FEBRUARY



Endives



Brussels sprouts



Kale



Lamb's lettuce



Leeks



Jerusalem artichokes



Apples



Potatoes



Walnuts



Cabbage



Carrots



Parsnips



Turnips



Beetroots



Black salsifies



Celeriac



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## SEASONAL CALENDAR MARCH



Endives



Brussels sprouts



Kale



Lamb's lettuce



Leeks



Apples



Potatoes



Walnuts



Cabbage



Carrots



Parsnips



Beetroots



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## SEASONAL CALENDAR APRIL



Spring onions



Kohlrabi



Swiss chard



Radish



Rhubarb



Asparagus



Spinach



Lettuce



Potatoes



Onions



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**FRESH FOODS**

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**FROM OUR FARMERS**

## SEASONAL CALENDAR MAY



Strawberries



Spring onions



Kohlrabi



Swiss chard



Radish



Rhubarb



Asparagus



Spinach



Lettuce



Potatoes



Onions



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**FRESH FOODS**

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## SEASONAL CALENDAR JUNE



Strawberries



Cauliflower



Spring onions



Raspberries



Kohlrabi



Swiss chard



Radish



Rhubarb



Asparagus



Spinach



Lettuce



Potatoes



Onions

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## SEASONAL CALENDAR JULY



Eggplants



Green beans



Broccoli



Cauliflower



Courgettes



Fennel



Spring onions



Potatoes



Raspberries



Peas



Cabbage



Cherries



Kohlrabi



Cucumbers



Redcurrants



Swiss chard



Blueberries



Carrots



Leeks



Radish



Blackberries



Tomatoes



Lettuce



Celeriac



Onions



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## SEASONAL CALENDAR AUGUST



Apples



Eggplants



Pears



Green beans



Broccoli



Cauliflower



Courgettes



Fennel



Potatoes



Raspberries



Peas



Cabbage



Pumpkins



Cherries



Kohlrabi



Cucumbers



Redcurrants



Swiss chard



Mirabelles



Blueberries



Carrots



Peppers



Leeks



Damsons



Radish



Blackberries



Tomatoes



Lettuce



Celeriac



Onions



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## SEASONAL CALENDAR SEPTEMBER



Apples



Pears



Green beans



Broccoli



Cauliflower



Courgettes



Grapes



Fennel



Potatoes



Cabbage



Pumpkins



Kohlrabi



Cucumbers



Redcurrants



Swiss chard



Mirabelles



Blueberries



Carrots



Peppers



Parsnips



Leeks



Damsons



Radish



Beetroots



Blackberries



Spinach



Tomatoes



Lettuce



Celeriac



Onions



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# FRESH FOODS

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## SEASONAL CALENDAR OCTOBER



Endives



Apples



Brussels sprouts



Grapes



Potatoes



Walnuts



Cabbage



Pumpkins



Kohlrabi



Mirabelles



Carrots



Parsnips



Leeks



Quinces



Turnips



Beetroots



Black salsifies



Spinach



Jerusalem artichokes



Celeriac



Pears



Onions



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# FRESH FOODS

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## SEASONAL CALENDAR NOVEMBER



Endives



Brussels sprouts



Kale



Lamb's lettuce



Parsnips



Leeks



Turnips



Beetroots



Black salsifies



Jerusalem artichokes



Celeriac



Apples



Pears



Potatoes



Walnuts



Cabbage



Pumpkins



Carrots



Quinces



Onions



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## SEASONAL CALENDAR DECEMBER



Endives



Brussels sprouts



Kale



Lamb's lettuce



Leeks



Black salsifies



Jerusalem artichokes



Apples



Pears



Potatoes



Walnuts



Cabbage



Pumpkins



Carrots



Parsnips



Quinces



Turnips



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